

SUGGESTED WORDING FOR COMMON DISQUALIFICATIONS (2008)

All Strokes:

- walking on bottom toward the finish
- pulling on the lane rope in the direction of the finish
- springing from the bottom, imparting motion toward the finish
- left the water before completing the full distance or DNF (did not finish)

Freestyle:

- failure to touch on the turn at 25m (50m, 75m)
- failure to surface by 15m after the start (or turn at 25m, 50m, 75m) in the freestyle

Backstroke:

- toes in the gutter at start
- toes bending over lip of gutter at start
- failure to touch on the turn at 25m (50m, 75m)
- failure to remain on back during race (or at finish)
- failure to surface by 15m after the start (or turn at 25m, 50m, 75m) in the backstroke
- not on back when feet left the wall at 25m (50m, 75m)
- swimming on the front at 25m (50m, 75m)

Breaststroke:

- dolphin kick prior to first arm pull after start (or turn 25m, 50m, 75m)
- non-simultaneous touch at 25m (50m, 75m, finish)
- one hand touch at 25m (50m, 75m, finish)
- scissor (or dolphin) kick
- asymmetrical arm pull
- alternating arm movements
- arm pull past hips
- failure of head to surface during each stroke
- failure of head to surface at end of propulsion phase of second arm stroke on start (or turn at 25m, 50m, 75m)

Butterfly:

- non-simultaneous touch at 25m (50m, 75m, finish)
- one hand touch at 25m (50m, 75m, finish)
- flutter kick
- scissor kick
- underwater arm recovery
- uneven arm pull (asymmetrical arm pull)
- failure to surface by 15m after the start (or turn at 25m, 50m, 75m) in the butterfly

Individual Medley:

- strokes swum in wrong order (should be: fly, back, breast, free)
- roll more than 90 degrees before touching on the change over from back to breast

Relays:

- #___ swimmer left the blocks before #___ swimmer touched
- relay strokes swum in wrong order (should be: back, breast, fly, free)

*NOTE: These are **not** the only possible reasons for disqualification, nor the only possible wording. Officials may use their own wording provided it is accurate, precise, and unambiguous.*