



Fraser Valley Region BCSSA 2007 Regional Championships

August 4, 5 & 6 2007

Maple Ridge Leisure Centre
11995 Haney Place
Maple Ridge BC.

Meet Manager	Heather Stein
Meet Referee	Wendy Jordan-Olive
Chief Meet Recorder	Greg Giles
Regional Registrar.....	Patty Marconato
Clerk of the Course	Craig Todd
Office Manger.....	Karen Bennett
Ribbons/Awards	Agassiz
Computer/Provincial Entries.....	Abbotsford
Marshalling.....	Langley
Deck food	Chilliwack
Crash desk.....	Mission
Setup, Takedown and raffles.....	Haney

Meet Format: Championship Finals and Consolation Finals will be held if entries permit.
'6 and Under' events will be swum as timed finals, receiving no points.

Schedule: Warm-ups:6:30a.m. – 7:30a.m.
Officials meeting: 7:15a.m. daily
Coaches meeting: 7:35a.m. daily
Heats: 8:10a.m.
Finals: Approx. 1 hr after heats.

Facilities: 25 metre 6 lane pool
Separate 4 lane warm up and cool down pool / coach must be supervising.
Snack bar with healthy snacks is located on site. Numerous restaurants are located within walking distance.
Please do not bring outside restaurant food in to eat at their tables as it belongs to the snack bar.

Camping Maple Ridge Park is a fabulous camping facility located only 5 km away.
We suggest booking early as this is a long weekend and the facility books fast.
On Site:
Day tents can be set up on the grass area west of the pool by the Zellers parking lot.
Tents are not to be set up on the other side because of the underground sprinkler system.
RV parking at the far west end of the camping area will be limited by space. There will be a cost of \$10.00 per RV to help cover security
Reservations are full. Further reservations will be accepted at a nearby school.
PLEASE reserve as a club.

Parking Parking is available in the underground lot at a city cost of \$3.00 per day.
OVERHEIGHT PARKING is at the far southwest corner of the Zellers parking lot. All vehicles must be registered with license number and description and mall tag must be



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hung from the rearview mirror.

The Haney Neptunes are not responsible for any parking tickets acquired during the meet. There is also day parking on the street to the west of the camping area.

AGM:

A Regional Annual General Meeting and Volunteers Social will be held at:

Location: 22648 Dewdney Trunk Road

When: Sunday August 5th, 2007

Time: 5:00 for the social; 7:00 until 9pm for the AGM.

Cost: \$10.00 per ticket.

Cost includes a choice of 3 meals and a beverage.

Each club is responsible for bringing two \$50 prizes

BBQ

The Haney Neptunes will be hosting a regional Barbeque during the Volunteer Social and AGM.

PLEASE NOTE the city has now booked a BBQ at the same time. We are looking at further options so that the volunteers can attend the social/AGM while their families are fed.

Awards:

Trophies:

The Jim Gibson trophy will be awarded to the club with the most combined points for the meet.

The Directors Award to the club with the most points per swimmer ratio. (individual and relay)

Aggregates:

Donated by Fraser Valley families, total aggregate point awards will be presented to the boy and girl of each division and category with the highest total in aggregate points.

Medals:

1st, 2nd & 3rd Individual Events (Tier 'S' and 'O')

1st, 2nd & 3rd Relay Events (Tier 'S' and 'O')

Ribbons:

4th-12th place (Individual and relay Tier 'S' and 'O')

Scoring

Individual Events:

Place: 1st 2nd 3rd 4th 5th 6th 7th 8th 9th 10th 11th 12th

Points: TBA

Relay Events:

Place: 1st 2nd 3rd 4th 5th 6th

Points: TBA for 6 lanes

No points are awarded for Div 9 (6 and under) events.

Entries

Regional entries (individual and relay teams) must be submitted to Karen Bennett at: kdyumyum@telus.net by 10pm, July 30th.

No entries will be accepted after the deadline.

Pinks and Blues will be printed on Wednesday August 1 at the Maple Ridge Leisure Centre at 7:00 pm. Club representatives will be welcome to attend.



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SWIMMING AND OVERALL MEET RULES

Regional Championship Qualifiers (General):

BCSSA competitors as defined by these Rules and Regulations, shall be eligible to compete at the Regional Championship Meet only if they have competed in one scheduled OFFICIAL BCSSA SWIM MEET prior to this event.

An OFFICIAL BCSSA SWIM MEET is a swim meet that is attended by three or more clubs and offers all seven individual events in every age Division and Category. Further, it must be conducted using the rules of swimming as defined by the BCSSA rulebook.

1. Regional entries (individual and relay teams) must be submitted to the appropriate individuals by noon, on the Tuesday prior to the Regionals. No entries will be accepted after the deadline.
2. All swimmers will be checked for eligibility by the Regional Registrar or designate.
3. A competitor may enter only 4 individual events and 2 club relays.
4. All individual events must be swum as heats and finals at Regionals.
5. Events may be combined but must not disadvantage any competitors.
6. Relays are swum as timed finals unless there are more teams than lanes. In that event, it shall be swum as heats and finals.
7. For relays, 4 swimmers and up to 2 alternates, must be listed on the Official Relay Entry Form. The form must be submitted by the deadline on the day of the event, in order to be checked for eligibility by the Regional Registrar. Disqualifications will result where it is confirmed that an improperly constituted team swum. If one of the listed swimmers is ineligible to swim, an alternate may replace that swimmer to participate prior to the team reporting to the clerk.
8. The Regional Championship shall have the same events and event numbers as the Provincial Championship.

Provincial Championship Qualifiers

1. General Eligibility
 - a. All swimmers must have swum at the Regional Championship Meet.
 - b. All swimmers must be registered as "S" swimmers to participate in an "S" event (individual, club relay, or regional relay).
 - c. All swimmers must be registered as "O" swimmers to participate in an "O" event (individual, club relay, or regional relay).
 - d. All swimmers must swim in the competitor category (Division 1 - Division 8, Category 1 or 2) in which they were registered, except when participating on relay teams, and then subject to the conditions of relay team eligibility described in the rule book.
2. Individual Events
 - a. Qualifiers
 - i. The top 3 swimmers from the Regional Championship Final of each individual event qualify for the Provincial Championship Meet.
 - ii. Any swimmer who attains a PQT in a Regional Championship Final individual event and does not place among the top three swimmers in the Final, also qualifies for the Provincial Championship Meet.
 - b. Alternates
 - i. The top one or two swimmers placing 4th or lower in a Regional Championship event final who did not obtain a PQT in the final, may be listed as alternate(s) for that event.



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- ii. Alternates for an individual event can only replace the top three swimmers representing their Region in that event at the Provincial Championship. (See current Meet Package for examples)
- 3. Club Relays
 - a. Team Composition
 - i. A club relay team shall consist of 4 swimmers. The composition may change between Regional and Provincial Championships, provided that all swimmers meet the registration criteria of BCSSA.
 - ii. For a relay team to be legal, at least one swimmer must be from the division entered.
 - iii. Swimmers who did not participate at their Regional Championship are eligible to participate on a club relay provided they have been entered in Event 500, following instructions provided in the Provincial Championship Meet Package.
 - b. Qualifiers
 - i. The top 2 club relays in each relay event at a Regional Championship will qualify for the Provincial Championship.
 - ii. Any club relay team that attains a PQT in the Final of a relay event when that event is swum as a Heats and Finals Event, also qualifies for the Provincial Championship Meet.
 - iii. Any club relay team that attains a PQT in the final of a relay event when that event is swum as a Timed Finals event, also qualifies for the Provincial Championship Meet.
 - c. Alternates
 - i. Up to 2 alternate swimmers may be included on a club relay team and must be listed on the Official Relay Entry form.
 - ii. One alternate relay team may be listed from each Regional Championship Relay event.
 - iii. The alternate relay team may only replace those relay teams entered from the Region in the Provincial Championship as the top 2 qualifiers in the event.
- 4. Regional Medley Relays
 - a. Qualifiers
 - i. A Regional Medley Relay team shall consist of 4 swimmers.
 - ii. All swimmers must have competed at their Regional Championship.
 - iii. All swimmers must be from the same division or category for which the event is being staged, unless there is an insufficient number of swimmers available from that division. In that case, swimmers from lower divisions, may be included to form the Regional Relay Team.
 - b. Alternates
 - i. Up to 2 alternate swimmers can be included on a regional relay team and must be listed on the Official Relay Entry Form.

Note: For swimmers moved up, please enter the Age Division after the name on the Relay Entry Form. When a club enters 2 Relay teams in any one event and both teams advance to the finals, **no** interchange of personnel of the 2 teams may be made for the finals.

The BCSSA Official Relay Entry Forms (Yellow) **MUST** be brought by each club/coach to the Championship. They will not be provided at the meet. The Relay Entry Forms **MUST** be given to the Clerk of Course at least 2 hours before the event is called.

HEATS, FINALS AND CONSOLATIONS



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1. Tier "S" and Tier "O" swimmers will compete in Heats, Finals and Consolations according to Division or Category. (See event list - **APPENDIX I-A, I-B, I-C**)
2. Consolations will be swum **first** and finals **second**.
3. Consolation Finals will be swum if 16 or more swimmers are entered in an event.
4. There will be **NO DECLARED FINALS**.

SCRATCHES (OFFICIAL FORM - APPENDIX II)

1. HEATS:

- A) Scratches **must** be on a **FORMAL** BCSSA Scratch Sheet.
- B) Scratches **prior** to the start of the Provincial Meet **MUST** be submitted to the BCSSA office by **NOON** Thursday August 9, 2007.
- C) August 17 through August 19 **EACH CLUB SHALL ADVISE THE CLERK OF THE COURSE IN WRITING OF ANY SCRATCH FROM ANY HEAT BY 7:00 A.M. ON THE DAY IN WHICH THE EVENT IS SCHEDULED**. The club must also advise the Regional Director, who will then be resp

PROVINCIAL QUALIFIERS

To qualify to compete at Provincials as an "S" or "O" swimmer you must have:

- Finished 1st, 2nd, or 3rd in the Championship Final of an event at your Regional Championship Meet.
- Attained a PQT in the Championship Final of an event at your Regional Championship Meet.

To be an alternate at Provincials as an "S" or "O" swimmer you must have:

- Swum in the Championship Final of an event at your Regional Championship Meet.

A Championship Final at Regionals is defined as: a race in that consists of the eight fastest swimmers from all of the heats in that event.

JURY OF APPEAL:

1. At a Regional Championship a "Jury of Appeal" decision can be appealed to the Provincial Appeals Committee in writing and must be accompanied by a \$50.00 deposit. This is refundable only if the appeal is successful.
2. At Provincials, a Jury of Appeal will be chaired by the Meet Manager or Designate and be made up of: the Regional Director or Designate involved and any three Senior Officials and/or qualified Board Members.
3. An appeal of the decision of the Jury of Appeal at Provincials may be made in writing to the Provincial Meet Chairperson and must be accompanied by a \$50.00 deposit. This is refundable only if the appeal is successful.

PROVINCIAL SIGN-UP DESK

1. All swimmers who have qualified for provincials will be required to have their parent or legal guardian sign up at the "provincial signup desk", confirming that they are planning to attend the provincial meet to be held at Prince George.
2. You must sign up by the end of the finals on Sunday, August 6th, 2007 or an alternate will be designated to take your place. Once an alternate has been designated there will be no changes.
3. Any swimmer who has qualified for provincials but has failed to sign up as stated above will be scratched from the list of provincial entries and will not be qualified to attend provincials in any event



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OFFICE STAFF

Karen Bennett of Abbotsford is the regional office manager. Karen will build her staff throughout the season to be sure that the office runs in a professional manner and so that the staff is educated. Throughout the season we as a region should be sure that our club offers volunteers at every meet who will be able to represent the region well at the Provincial Championships in Prince George.

OFFICIALS

Wendy Jordan-Olive of Abbotsford is the Regional Director of Officials. She has been building and training her team all season. All Deck Officials positions will be pre-assigned based on the official's availability and what positions the official has been working during the swim season. All officials need to let Wendy know if they will be attending Provincials and if so what shifts they are available to work.

MARSHALLING

Official calls to marshalling are made from the marshalling desk. Marshalling calls made over the public address system are courtesy calls only.

PROVINCIAL ENTRIES

Entries must be completed accurately by 12:00 midnight of the 6th.
Entries are due to the Provincial board the next morning so we are requesting attendance of a representative of each club to check the entries and confirmation of attendance in Prince George.
Location: Preschool Room at MRLC at the conclusion of the Regional Championships.



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Event List by Event Number Saturday August 4th 2007

Girls Event #	Provincial X-Reference	Saturday's Events	Provincial X-Reference	Boys Event #
1	101	Div 1 100 IM	102	2
3	103	Div 2 100 IM	104	4
5	105	Div 3 100 IM	106	6
7	107	"O" Cat 1 100 IM	108	8
9	109	Div 4 200 IM	110	10
11	111	Div 5 200 IM	112	12
13	113	Div 6 200 IM	114	14
15	115	Div 7 200 IM	116	16
17	117	Div 8 200 IM	118	18
19	119	"O" Cat 2 200 IM	120	20
21		6 & Under 25 Freestyle		22
23	121	Div 1 50 Freestyle	122	24
25	123	Div 2 50 Freestyle	124	26
27	125	Div 3 50 Freestyle	126	28
29	127	"O" Cat 1 50 Freestyle	128	30
31	129	Div 4 50 Freestyle	130	32
33	131	Div 5 50 Freestyle	132	34
35	133	Div 6 50 Freestyle	134	36
37	135	Div 7 50 Freestyle	136	38
39	137	Div 8 50 Freestyle	138	40
41	139	"O" Cat 2 50 Freestyle	140	42
43	141	Div 1 200 Medley Relay	142	44
45	143	Div 2 200 Medley Relay	144	46
47	145	Div 3 200 Medley Relay	146	48
49	147	"O" Cat 1 200 Medley Relay	148	50
51	149	Div 4 200 Medley Relay	150	52
53	151	Div 5 200 Medley Relay	152	54
55	153	Div 6 200 Medley Relay	154	56
57	155	Div 7 200 Medley Relay	156	58
59	157	Div 8 200 Medley Relay	158	60
61	159	"O" Cat 2 200 Medley Relay	160	62



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Event List by Event Number Sunday August 5th 2007

Girls Event #	Provincial X- Reference	Sunday's Events	Provincial X- Reference	Boys Event #
65		6 & Under 25 Butterfly		66
67	201	Div 1 50 Butterfly	202	68
69	203	Div 2 50 Butterfly	204	70
71	205	Div 3 50 Butterfly	206	72
73	207	"O" Cat 1 50 Butterfly	208	74
75	209	Div 4 50 Butterfly	210	76
77	211	Div 5 100 Butterfly	212	78
79	213	Div 6 100 Butterfly	214	80
81	215	Div 7 100 Butterfly	216	82
83	217	Div 8 100 Butterfly	218	84
85	219	"O" Cat 2 100 Butterfly	220	86
87		6 & Under 25 Backstroke		88
89	221	Div 1 50 Backstroke	222	90
91	223	Div 2 50 Backstroke	224	92
93	225	Div 3 50 Backstroke	226	94
95	227	"O" Cat 1 50 Backstroke	228	96
97	229	Div 4 100 Backstroke	230	98
99	231	Div 5 100 Backstroke	232	100
101	233	Div 6 100 Backstroke	234	102
103	235	Div 7 100 Backstroke	236	104
105	237	Div 8 100 Backstroke	238	106
107	239	"O" Cat 2 100 Backstroke	240	108
109	241	Div 1 200 Freestyle Relay	242	110
111	243	Div 2 200 Freestyle Relay	244	112
113	245	Div 3 200 Freestyle Relay	246	114
115	247	"O" Cat 1 200 Freestyle Relay	248	116
117	249	Div 4 200 Freestyle Relay	250	118
119	251	Div 5 200 Freestyle Relay	252	120
121	253	Div 6 200 Freestyle Relay	254	122
123	255	Div 7 200 Freestyle Relay	256	124
125	257	Div 8 200 Freestyle Relay	258	126
127	259	"O" Cat 2 200 Freestyle Relay	260	128



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Event List by Event Number Monday August 6th 2007

Girls Event #	Provincial X- Reference	Monday's Events	Provincial X- Reference	Boys Event #
135	301	Div 5 50 Butterfly	302	136
137	303	Div 6 50 Butterfly	304	138
139	305	Div 7 50 Butterfly	306	140
141	307	Div 8 50 Butterfly	308	142
143	309	"O" Cat 2 50 Butterfly	310	144
145		6 & Under 25 Breaststroke		146
147	311	Div 1 50 Breaststroke	312	148
149	313	Div 2 50 Breaststroke	314	150
151	315	Div 3 50 Breaststroke	316	152
153	317	"O" Cat 1 50 Breaststroke	318	154
155	319	Div 4 100 Breaststroke	320	156
157	321	Div 5 100 Breaststroke	322	158
159	323	Div 6 100 Breaststroke	324	160
161	325	Div 7 100 Breaststroke	326	162
163	327	Div 8 100 Breaststroke	328	164
165	329	"O" Cat 2 100 Breaststroke	330	166
167	331	Div 1 100 Freestyle	332	168
169	333	Div 2 100 Freestyle	334	170
171	335	Div 3 100 Freestyle	336	172
173	337	"O" Cat 1 100 Freestyle	338	174
175	339	Div 4 100 Freestyle	340	176
177	341	Div 5 100 Freestyle	342	178
179	343	Div 6 100 Freestyle	344	180
181	345	Div 7 100 Freestyle	346	182
183	347	Div 8 100 Freestyle	348	184
185	349	"O" Cat 2 100 Freestyle	350	186