

Regional Practice Information

When: Wednesday, August 8th, 2007 3:30 -5:30 pm

Where: Mission Leisure Centre

Club Responsibilities:

Abby – Drinks

Agassiz – Corn

Chilliwack – Condiments

Haney – Desserts

Langley – Salads

Mission – Burgers/Hot Dogs

The regional relay teams will be named and will do an exhibition swim.