

Welcome to  
Nelson Neptunes 43rd Annual  
Invitational  
Swim Meet



June 12 and June 13, 2010



This is a

Sanctioned "A" Meet

**NELSON NEPTUNE SWIM CLUB  
43rd INVITATIONAL SWIM MEET**

**DATE:** June 12 and June 13 2010

**LOCATION:** Nelson & District Community Complex

**TYPE OF MEET:** Invitational Meet, Timed Finals, 6 Events, "A" Meet

This is a BCSSA sanctioned 'A' swim meet and therefore all rules will be applied as per BCSSA's 2008 Rules and Regulations Book

**MEETMANAGER:** Paul Cowan / Randy DeJong

**MEET REFEREE:** Mike Lorusso

**ELIGIBILITY:**

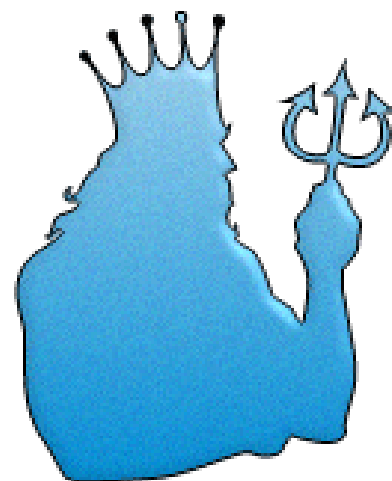
- Any registered BCSSA swimmer.

**COURSE DESCRIPTION:**

- 25m 6 lane indoor pool, starting blocks, lane ropes.
- Small warm down, warm up pool adjacent to the large pool
- Colorado electronic timing system with digital manual backup watch.

**TEAMS INVITED:**

<b>CAS</b>	CASTLEGAR AQUANAUTS
<b>COL</b>	COLVILLE VALLEY SHARKS
<b>CST</b>	CRESTON SWIM CLUB
<b>KIM</b>	KIMBERLEY SEAHORSES
<b>TRA</b>	TRAIL and AREA STINGRAYS
<b>GFA</b>	GRAND FORKS PIRANHAS



**MEET ENTRIES:**

- Please e-mail the Hy-Tek meet entry file and Hy-Tek Meet Entry Report in soft copy word or text format to [slbest1@telus.net](mailto:slbest1@telus.net)
- Entries must be received by e-mail no later than 7:00 PM Wednesday June 9th, 2010. The entry fee for entries received by this time and date is \$10.00 per swimmer. This entitles each swimmer to enter 6 events plus 2 relays.
- Relay teams will only be accepted in the Hy-Tek format. BCSSA Official Relay Entry Forms with the swimmers names must be filed with the Clerk of the Course before lunch break on the day of the relay. Forms will be available from the Clerk of the Course.
- Best times should be submitted, but only times the swimmer has actually achieved in competition. If no times available submit as 'no time' (NT). Heats will be seeded according to times submitted
- No switching of events once a swimmer is entered.
- Seeding is done by the Hy-Tek MM and a minimum of changes to seeding will be done at the discretion of the Clerk of the Course only to make the meet more efficient.
- If there are 3 or more Cat O swimmers in each category, the swimmers will swim in their Cat O events. If there are less than 3 Cat O swimmers in their category, they may swim with the appropriate S age group in the available empty lanes. Q

swimmers will not displace S swimmers in the S event. This combined event will not be re-seeded.

- O swimmers may be used on a relay team with a maximum of one O swimmer per team. (KO Policy)

#### **LATE ENTRY FEES AND SCRATCHES:**

- No scratch meeting is scheduled. All scratches must be e-mailed ASAP or by noon on Friday June 11. No refunds for scratches.
- Late entries received after 7:00 pm Wednesday June 09, up to 12:00 pm Friday June 11, will be \$20.00/swimmer. Clubs to use the KO Region scratch sheet attached
- Late entries received after 12:00 pm Friday June 11 up to 8:30 am June 12 will be \$30.00/swimmer. The swimmers will be entered with no time and placed in an available heat (decision made by meet manager or meet referee)
- Late entries will not be accepted after 8:30 AM. Saturday morning
- All entry fees must be paid to the meet manager by the end of meet Sat. Please make cheques payable to the Nelson Neptune Swim Club. All unpaid entries will be billed to the invited club.

#### **SCHEDULE of EVENTS:**

- Warm ups 7:20 AM BOTH DAYS
- Anthems 8:40 AM (SAT)
- Marshalling 8:45 AM BOTH DAYS
- Heats 9:00 AM BOTH DAYS
- Saturday Lunch break will be after Event 140 (O Cat 2 -50 m Free)
- Sunday Lunch break will be after Event 326 (O Cat 2 100 m BREAST)



**TEAM WARM-UPS: Schedule subject to change depending on number of swimmers entered. A Coach or Team official must be on deck for each team's warm-ups.**

SATURDAY and SUNDAY

7:20-7:40 AM	NELSON
7:40-8:00 AM	CASTLEGAR CRESTON
8:00-8:20 AM	TRAIL GRAND FORKS
8:20-8:40 AM	COLVILLE KIMBERLEY



#### **OFFICIALS MEETING:**

- 8:15 AM Saturday & Sunday in the hot tub area. All Stroke & Turn and Senior Officials must be present.

- Timers and Place Judge meeting will take place at 8:45 AM Saturday & Sunday by the starting blocks.

**Deck Officials:**

- Sign-up sheets will be located at the announcing table for Stroke & turn Judges, Place Judges, and Timers. All clubs are expected to help.

**COACHES MEETING:**

- 8:45-8:55 AM Saturday & Sunday by the shallow end of the pool.

**CALLING OF EVENTS/CARDLESS MEET:**

- The meet will follow the Provincial policy of no personal calls. The Clerk will announce the availability of the event two (2) times with two (2) minutes between each announcement.
- **NEW TO BCSSA Kootenay Summer Swimming – CARDLESS MEETS**  
The Kootenay Region has embarked on running our meets similar to SNC (Swimming/Natation Canada). The announcer will announce the events to be marshalled, as in previous meets in this region. All swimmers will go to the Clerk of the Course table, instead of picking up a card the Clerk will then direct them to initial the “Meet Program Check-in Sheet” on the line located beside their name. Swimmers will then proceed as usual through the Marshalling area. Coaches as in the past will sign-in and continue coaching and will not be required to go through marshalling, as per BCSSA policy. Once the swimmers arrive at the blocks the Timers will ask their names to verify that the swimmer is in the correct event, heat and lane assignment. DQ’s will be handled in the same manner as previously.

**NOVICE EVENTS:**

- Div.1 – Novice (combined) 25 metre races will be held on Saturday and Sunday.
- 25 m free: after IMs – Saturday
- 25 m fly: after lunch - Saturday
- 25 m back: after Backstroke – Sunday
- 25 m breast: after lunch - Sunday
- No charge for novice only swimmers entered in max four 25 meter novic Regular \$10 entry fees apply for novices swimmers entered in any Div 1 events or a Div 1 swimmer entered in any novice 25 metre events.



**MEET PROTOCOL:**

- If there is a problem with entries or results at the meet, please follow this procedure: go to your coach, who will then approach the Meet Referee or Meetmanager.
- The office is out of bounds for coaches and parents. It is for office staff, Meetmanager and Meet Referee.

**AWARDS:**

- Participation ribbons for novices. No points awarded for novice 25 meter events.
- Ribbons for individual and relay events, 1st through 6<sup>th</sup> place

- Aggregate medals will be awarded for Div.1-8 and Cat "0"swimmers based on highest points earned for first three places. Swimmers must swim a minimum of 4 individual events to be eligible for an aggregate medal (KO Regional Policy).
- Point system for scoring is: 1st-7points, 2nd-5pt, 3rd-4pt, 4th-3pt, 5th-2pt, and 6th-1pt.
- Ribbons for new records Div 1-8 and Cat“O” swimmers.

**SILENT AUCTION:**

- Nelson Neptune’s will hold a Silent Auction on Saturday. The auction is in the concourse area of the arena.

**MISCELLANEOUS:**

- The shallow pool will be available to swimmers as a warm -up or warm-down pool only. There must be a coach watching the swimmers at all times. If this is abused the swimmers must leave the pool immediately upon being asked by the Lifeguard, Meet Manager, or Meet Referee.
- Swimmers may use the arena concourse during meet.
- Space for club tents is available beside the parking lot in grassy areas.
- No overnight RV campers or tenting will be allowed in the Recreation Facility Parking Lot.
- ~~The Nelson Neptunes will be running a concession.~~
- The Nelson City tourist park (High Street) will be available for campers. It’s within walking distance of the pool. If you don’t mind driving 20 minutes camping is also available at our beautiful Kokanee Provincial Park, located 22km (12mi) North of Nelson on Hwy. 3A,  
<http://www.env.gov.bc.ca/bcparks/explore/parkpgs/kokanee.html> .
- Accommodation link; <http://ilovenelson.com/>

Session: 1 Saturday Morning**Start: 9:00 AM**

Finals 301 Girls Div 5 50 Butterfly  
 Finals 302 Boys Div 5 50 Butterfly  
 Finals 303 Girls Div 6 50 Butterfly  
 Finals 304 Boys Div 6 50 Butterfly  
 Finals 305 Girls "O" Cat 2 50 Butterfly  
 Finals 306 Boys "O" Cat 2 50 Butterfly  
 Finals 307 Girls Div 7 50 Butterfly  
 Finals 308 Boys Div 7 50 Butterfly  
 Finals 309 Girls Div 8 50 Butterfly  
 Finals 310 Boys Div 8 50 Butterfly  
 Finals 101 Girls Div 1 100 IM  
 Finals 102 Boys Div 1 100 IM  
 Finals 103 Girls Div 2 100 IM  
 Finals 104 Boys Div 2 100 IM  
 Finals 105 Girls Div 3 100 IM  
 Finals 106 Boys Div 3 100 IM  
 Finals 107 Girls "O" Cat 1 100 IM  
 Finals 108 Boys "O" Cat 1 100 IM  
 Finals 109 Girls Div 4 200 IM  
 Finals 110 Boys Div 4 200 IM  
 Finals 111 Girls Div 5 200 IM  
 Finals 112 Boys Div 5 200 IM  
 Finals 113 Girls Div 6 200 IM  
 Finals 114 Boys Div 6 200 IM  
 Finals 115 Girls "O" Cat 2 200 IM  
 Finals 116 Boys "O" Cat 2 200 IM  
 Finals 117 Girls Div 7 200 IM  
 Finals 118 Boys Div 7 200 IM  
 Finals 119 Girls Div 8 200 IM  
 Finals 120 Boys Div 8 200 IM  
 Finals 11 Girls 6 & Under 25 Freestyle  
 Finals 13 Girls Div 1 25 Freestyle  
 Finals 12 Boys 6 & Under 25 Freestyle  
 Finals 14 Boys Div 1 25 Freestyle  
 Finals 121 Girls Div 1 50 Freestyle  
 Finals 122 Boys Div 1 50 Freestyle  
 Finals 123 Girls Div 2 50 Freestyle  
 Finals 124 Boys Div 2 50 Freestyle  
 Finals 125 Girls Div 3 50 Freestyle  
 Finals 126 Boys Div 3 50 Freestyle  
 Finals 127 Girls "O" Cat 1 50 Freestyle  
 Finals 128 Boys "O" Cat 1 50 Freestyle  
 Finals 129 Girls Div 4 50 Freestyle  
 Finals 130 Boys Div 4 50 Freestyle  
 Finals 131 Girls Div 5 50 Freestyle  
 Finals 132 Boys Div 5 50 Freestyle  
 Finals 133 Girls Div 6 50 Freestyle  
 Finals 134 Boys Div 6 50 Freestyle  
 Finals 135 Girls "O" Cat 2 50 Freestyle  
 Finals 136 Boys "O" Cat 2 50 Freestyle  
 Finals 137 Girls Div 7 50 Freestyle  
 Finals 138 Boys Div 7 50 Freestyle

Finals 139 Girls Div 8 50 Freestyle

Finals 140 Boys Div 8 50 Freestyle

**LUNCH BREAK 1 hour**Session: 2 Saturday Afternoon

Finals 15 Girls 6 & Under 25 Butterfly  
 Finals 17 Girls Div 1 25 Butterfly  
 Finals 16 Boys 6 & Under 25 Butterfly  
 Finals 18 Boys Div 1 25 Butterfly  
 Finals 201 Girls Div 1 50 Butterfly  
 Finals 202 Boys Div 1 50 Butterfly  
 Finals 203 Girls Div 2 50 Butterfly  
 Finals 204 Boys Div 2 50 Butterfly  
 Finals 205 Girls Div 3 50 Butterfly  
 Finals 206 Boys Div 3 50 Butterfly  
 Finals 207 Girls "O" Cat 1 50 Butterfly  
 Finals 208 Boys "O" Cat 1 50 Butterfly  
 Finals 209 Girls Div 4 50 Butterfly  
 Finals 210 Boys Div 4 50 Butterfly  
 Finals 211 Girls Div 5 100 Butterfly  
 Finals 212 Boys Div 5 100 Butterfly  
 Finals 213 Girls Div 6 100 Butterfly  
 Finals 214 Boys Div 6 100 Butterfly  
 Finals 215 Girls "O" Cat 2 100 Butterfly  
 Finals 216 Boys "O" Cat 2 100 Butterfly  
 Finals 217 Girls Div 7 100 Butterfly  
 Finals 218 Boys Div 7 100 Butterfly  
 Finals 219 Girls Div 8 100 Butterfly  
 Finals 220 Boys Div 8 100 Butterfly  
 Finals 141 Girls Div 1 200 Medley Relay  
 Finals 142 Boys Div 1 200 Medley Relay  
 Finals 143 Girls Div 2 200 Medley Relay  
 Finals 144 Boys Div 2 200 Medley Relay  
 Finals 145 Girls Div 3 200 Medley Relay  
 Finals 146 Boys Div 3 200 Medley Relay  
 Finals 147 Girls "O" Cat 1 200 Medley Re  
 Finals 148 Boys "O" Cat 1 200 Medley Relay  
 Finals 149 Girls Div 4 200 Medley Relay  
 Finals 150 Boys Div 4 200 Medley Relay  
 Finals 151 Girls Div 5 200 Medley Relay  
 Finals 152 Boys Div 5 200 Medley Relay  
 Finals 153 Girls Div 6 200 Medley Relay  
 Finals 154 Boys Div 6 200 Medley Relay  
 Finals 155 Girls "O" Cat 2 200 Medley Relay  
 Finals 156 Boys "O" Cat 2 200 Medley Relay  
 Finals 157 Girls Div 7 200 Medley Relay  
 Finals 158 Boys Div 7 200 Medley Relay  
 Finals 159 Girls Div 8 200 Medley Relay  
 Finals 160 Boys Div 8 200 Medley Relay

Session: 3 Sunday Morning**Start: 9:00 AM**

Finals 221 Girls Div 1 50 Backstroke

Finals 222 Boys Div 1 50 Backstroke

Finals 223 Girls Div 2 50 Backstroke  
 Finals 224 Boys Div 2 50 Backstroke  
 Finals 225 Girls Div 3 50 Backstroke  
 Finals 226 Boys Div 3 50 Backstroke  
 Finals 227 Girls "O" Cat 1 50 Backstroke  
 Finals 228 Boys "O" Cat 1 50 Backstroke  
 Finals 229 Girls Div 4 100 Backstroke  
 Finals 230 Boys Div 4 100 Backstroke  
 Finals 231 Girls Div 5 100 Backstroke  
 Finals 232 Boys Div 5 100 Backstroke  
 Finals 233 Girls Div 6 100 Backstroke  
 Finals 234 Boys Div 6 100 Backstroke  
 Finals 235 Girls "O" Cat 2 100 Backstroke  
 Finals 236 Boys "O" Cat 2 100 Backstroke  
 Finals 237 Girls Div 7 100 Backstroke  
 Finals 238 Boys Div 7 100 Backstroke  
 Finals 239 Girls Div 8 100 Backstroke  
 Finals 240 Boys Div 8 100 Backstroke  
 Finals 19 Girls 6 & Under 25 Backstroke  
 Finals 21 Girls Div 1 25 Backstroke  
 Finals 20 Boys 6 & Under 25 Backstroke  
 Finals 22 Boys Div 1 25 Backstroke  
 Finals 311 Girls Div 1 50 Breaststroke  
 Finals 312 Boys Div 1 50 Breaststroke  
 Finals 313 Girls Div 2 50 Breaststroke  
 Finals 314 Boys Div 2 50 Breaststroke  
 Finals 315 Girls Div 3 50 Breaststroke  
 Finals 316 Boys Div 3 50 Breaststroke  
 Finals 317 Girls "O" Cat 1 50 Breaststroke  
 Finals 318 Boys "O" Cat 1 50 Breaststroke  
 Finals 319 Girls Div 4 100 Breaststroke  
 Finals 320 Boys Div 4 100 Breaststroke  
 Finals 321 Girls Div 5 100 Breaststroke  
 Finals 322 Boys Div 5 100 Breaststroke  
 Finals 323 Girls Div 6 100 Breaststroke  
 Finals 324 Boys Div 6 100 Breaststroke  
 Finals 325 Girls "O" Cat 2 100 Breaststroke  
 Finals 326 Boys "O" Cat 2 100 Breaststroke  
 Finals 327 Girls Div 7 100 Breaststroke  
 Finals 328 Boys Div 7 100 Breaststroke  
 Finals 329 Girls Div 8 100 Breaststroke  
 Finals 330 Boys Div 8 100 Breaststroke

LUNCH BREAK

Session: 4 Sunday Afternoon

Finals 23 Girls 6 & Under 25 Breaststroke  
 Finals 25 Girls Div 1 25 Breaststroke  
 Finals 24 Boys 6 & Under 25 Breaststroke  
 Finals 26 Boys Div 1 25 Breaststroke  
 Finals 331 Girls Div 1 100 Freestyle  
 Finals 332 Boys Div 1 100 Freestyle  
 Finals 333 Girls Div 2 100 Freestyle  
 Finals 334 Boys Div 2 100 Freestyle  
 Finals 335 Girls Div 3 100 Freestyle  
 Finals 336 Boys Div 3 100 Freestyle  
 Finals 337 Girls "O" Cat 1 100 Freestyle  
 Finals 338 Boys "O" Cat 1 100 Freestyle  
 Finals 339 Girls Div 4 100 Freestyle  
 Finals 340 Boys Div 4 100 Freestyle  
 Finals 341 Girls Div 5 100 Freestyle  
 Finals 342 Boys Div 5 100 Freestyle  
 Finals 343 Girls Div 6 100 Freestyle  
 Finals 344 Boys Div 6 100 Freestyle  
 Finals 345 Girls "O" Cat 2 100 Freestyle  
 Finals 346 Boys "O" Cat 2 100 Freestyle  
 Finals 347 Girls Div 7 100 Freestyle  
 Finals 348 Boys Div 7 100 Freestyle  
 Finals 349 Girls Div 8 100 Freestyle  
 Finals 350 Boys Div 8 100 Freestyle  
 Finals 241 Girls Div 1 200 Freestyle Relay  
 Finals 242 Boys Div 1 200 Freestyle Relay  
 Finals 243 Girls Div 2 200 Freestyle Relay  
 Finals 244 Boys Div 2 200 Freestyle Relay  
 Finals 245 Girls Div 3 200 Freestyle Relay  
 Finals 246 Boys Div 3 200 Freestyle Relay  
 Finals 247 Girls "O" Cat 1 200 Freestyle  
 Finals 248 Boys "O" Cat 1 200 Freestyle  
 Finals 249 Girls Div 4 200 Freestyle Relay  
 Finals 250 Boys Div 4 200 Freestyle Relay  
 Finals 251 Girls Div 5 200 Freestyle Relay  
 Finals 252 Boys Div 5 200 Freestyle Relay  
 Finals 253 Girls Div 6 200 Freestyle Relay  
 Finals 254 Boys Div 6 200 Freestyle Relay  
 Finals 255 Girls "O" Cat 2 200 Freestyle  
 Finals 256 Boys "O" Cat 2 200 Freestyle  
 Finals 257 Girls Div 7 200 Freestyle Relay  
 Finals 258 Boys Div 7 200 Freestyle Relay  
 Finals 259 Girls Div 8 200 Freestyle Relay  
 Finals 260 Boys Div 8 200 Freestyle Relay

