

**Greater Trail Swim Racing Society
(Stingrays Swim Team)**

**Jeli Orrell Memorial
Invitational Swim Meet
June 19th – 20th, 2010**



KOOTENAY SWIMMING
www.bcssa.bc.ca/ko/

This is a BCSSA-Sanctioned A Meet

For more information contact:
Sue Bennie (250-362-2116 or suedave_cook@shaw.ca)

Greater Trail Swim Racing Society - the Stingrays Invitational Swim Meet

1. Date

June 19th and 20th, 2010

2. Place

Trail Aquatic and Leisure Centre
Columbia Avenue, Trail BC
25 m, 8 lane, indoor, electronic timing with manual backup

3. Type of Meet

Invitational A Meet - Heats and Finals Format

4. Eligibility

Any swimmer registered with BCSSA

5. Entry Fees

- The entry is \$10.00 per swimmer for 4 individual events, and will include up to two (2) relay events per swimmer. No charge for novice swimmers entered in 25 meter novice events. Regular entry fees apply for Novice swimmers entered in any Div 1 50 meter events or a Div 1 swimmer entered in any 25 meter events.
- Please e-mail the Hy-Tek meet entry file and Hy-Tek Entry Report in soft copy work or text format to Jerico Santiago jnasantiago@yahoo.com (250)368-8868
- Entries must be received by 19:00, Wednesday, June 16th.
- Entries received after, 19:00 Wednesday, June 16th but before noon Friday June 18th, will be \$20.00 per swimmer.
- Deck entries will be allowed up to 08:00 on the day of the event. Races will not be reseeded. Cost of Deck entries is \$30. The swimmers will be entered with no time and placed in an available heat (decision made by meet manager and/or meet referee).
- Please e-mail any scratches by noon on Friday June 18th. There will be **NO REFUNDS FOR SCRATCHES.**
- No switching of events once a swimmer is entered.
- No charge for relays.
- Relays. Cards will be provided at the morning coaches meeting. All relays will be deck entries only- **no Hy-Tek entries.** Relay entries must be submitted to Clerk of Course by 10am on race day.
- Cheques for entries are **Due Saturday by Noon**, payable to "Greater Trail Swim Racing Society". Cheques may be given to Mike Bell or Sue Bennie.

6. Invited Teams

CAS	Castlegar	GFA	Grand Forks
COL	Colville	NEL	Nelson
CRE	Creston	KIM	Kimberley
KEL	Kelowna	PEN	Penticton

7. Starting Times

Warm-ups	07:30 both days
Marshalling	08:50 both days
Heats	09:00 both days
Finals	Following the lunch break both days

8. Officials Meeting

Both days at 08:15 in the Marshalling Area. All intermediate and senior deck officials should attend.

9. Coaches Meeting

Both days at 08:30 in the Marshalling Area.

10. Officials Sign-Up

Many positions will be filled prior to the meet. Early in the day before the first event is marshalled the sign-up sheets will be located at the announcer's table. All clubs are expected to participate.

11. Events

The event list for both days is attached. Please use this grid to prepare entries. Best times should be submitted, but only times the swimmer has actually achieved in competition. If a time is not available, submit as "no time (NT)".

Each swimmer may take part in up to four (4) individual events and two (2) relays. All events (except Novices, Div 1 25meter and relays) will be run as heats and finals. Novice, Div 1 25 metre and relay events will be run as timed finals.

Novice events (all 25 meter events) will be held Saturday & Sunday. On Saturday the 25 Free will follow the morning Div 8 IM heat and the 25 Back will be held right after the lunch break. On Sunday the 25 Breast will follow the morning Div 8 100 Free and the 25 Fly will be held right after the lunch break.

At the discretion of the Clerk of Course empty lanes may be filled by combining different events. All heats will be swum even if there are fewer than eight (8) swimmers **with the exception of all Div 8 events-they will go directly to finals.**

12. Meet Rules and Calling of Events

The meet is sanctioned by the BCSSA and all rules including false starts, delay of meet and disqualification will be followed.

Swimmers and alternates are responsible for reporting to the Clerk of Course in time for their events. As per Provincial policy there will be no personal calls. There

will be two (2) calls with two (2) minutes between calls, and the second call will be the FINAL call.

If a competitor or relay team does not report to the **clerk of course** before the **previous heat is marshaled inside the pool** that competitor or relay team will be disqualified.

If there are 3 or more O Cat swimmers in each category, the swimmers will swim in their Cat O events. If there are less than 3 O Cat swimmers in their category, they will swim with an S age group in the available empty lanes. O swimmers will not displace S swimmers in the S event. This combined event will not be re-seeded.

O swimmers may be used on a relay team with a maximum of one O swimmer per team. (KO Policy)

NEW TO BCSSA Kootenay Summer Swimming – CARDLESS MEETS

The Kootenay Region has embarked on running our meets similar to SNC (Swimming/Natation Canada). The announcer will announce the events to be marshalled, as in previous meets in this region. All swimmers will go to the Clerk of the Course table, instead of picking up a card the Clerk will then direct them to initial the “Meet Program Check-in Sheet” on the line located beside their name. Swimmers will then proceed as usual through the Marshalling area. Coaches as in the past will sign-in and continue coaching and will not be required to go through marshalling, as per BCSSA policy. Once the swimmers arrive at the blocks the Timers will ask their names to verify that the swimmer is in the correct event, heat and lane assignment.

13. Warm-Ups

Schedule subject to change depending on amount of swimmers entered. Warm ups are 20 minutes. A team coach or official must be on deck for each team's warm-up.

Saturday	Club or Activity	Lane	Sunday
07:30-07:50	Trail Castlegar Creston	1-3 4-6 7,8	07:30-07:50
07:50-08:10	Nelson Grand Forks	1-5 6-8	07:50-08:10
08:10-08:30	Kimberley Colville OK Region	1-2 3-7 8	08:10-08:30
08:15-08:30	Officials Meeting		08:15-08:30
08:30-08:40	Coaches Meeting		08:30-08:40
08:40-08:50	Cheers		08:40-08:50
08:50 09:00	Marshalling Meet Start-#301		08:50 Start event #221

14. Afternoon Warm-Ups

Will be announced immediately following the morning heats.

15. Meet Protocol

Problems with entries or meet results are to be directed to the coach who will then approach the Meet Manager or Meet Referee. This meet will follow BCSSA Harassment Policy!

16. Awards and Points

Ribbons will be awarded for individual events for first (1st) to eighth (8th) places. Ribbons will be awarded for relay events for first (1st) to third (3rd) places. Medals will be awarded to the top three (3) individual male and female swimmers in Divisions 1-7 based on the total aggregate points for their four (4) individual events. **Four (4) events must be swum to qualify for the aggregate points score.** No medals are awarded for Division 8 swimmers.

A team points trophy will be awarded.

Participation ribbons and prizes will be given to novice swimmers, but no points will be awarded. **Please bring any Trail Trophies to the meet.**

17. Relay Teams

Relay cards will be provided at the morning coaches meeting. All relays will be deck entries only- no Hy-Tek entries. Cards must be submitted to Clerk of Course by 10 am on race day. **No Late Entries Will Be Accepted!** Relay teams may have one "0" swimmer and still count as an "S" relay team.

18. Other

There will be **No Overnight Camping** at the Trail Aquatic and Leisure Centre during the swim meet. Team tents will not be permitted on the adjacent ball field. Tents will be permitted on the grass areas around the tennis courts and side patio.

Swimmers will be marshaled into the pool area from the northwest corner of the building (deep end adjacent to the tennis courts).

19. Accommodations

There are camping facilities within 10-15 minutes drive of the pool.

Kiwanis Campground 8801 Highway 22A (250)367-9165

City of Trail RV Park – located on Highway 3B adjacent to Waneta Plaza
(250)368-3144 1-877-636-9569

Hotels/Motels – Best Western (250)368-3355

Glenwood Motel (250)368-5522

Ray Lyn Motel (250)368-5541

20. Regional Meeting

There may be a regional meeting during the Saturday or Sunday lunch break.

21. Concession

There will be a small concession setup in the Lobby of the Aquatic center.

22. Timing Trailer

Colville will supervise loading of the timing trailer during teardown and towing to Colville following the meet.

23. Meet Manager and Referee

Manager	Sue Bennie	suedave_cook@shaw.ca
Referee	TBD	

Sunday Events - Session 3			
Girls		Events	Boys
221		1 50 BACK	222
223		2 50 BACK	224
225		3 50 BACK	226
227	"O" Cat	1 50 BACK	228
229	DIV	4 100 BACK	230
231		5 100 BACK	232
233		6 100 BACK	234
235	"O" Cat	2 100 BACK	236
237	DIV	7 100 BACK	238
239		8 100 BACK	240
311		1 50 BREAST	312
313		2 50 BREAST	314
315		3 50 BREAST	316
317	"O" Cat	1 50 BREAST	318
319	DIV	4 100 BREAST	320
321		5 100 BREAST	322
323		6 100 BREAST	324
325	"O" Cat	2 100 BREAST	326
327	DIV	7 100 BREAST	328
329		8 100 BREAST	330
331	DIV	1 100 FREE	332
333		2 100 FREE	334
335		3 100 FREE	336
337	"O" Cat	1 100 FREE	338
339	DIV	4 100 FREE	340
341		5 100 FREE	342
343		6 100 FREE	344
345	"O" Cat	2 100 FREE	346
347	DIV	7 100 FREE	348
349		8 100 FREE	350
9	NOVICE	25 BREAST	10
11	DIV	1 25 BREAST	12

LUNCH BREAK

Sunday Events - Session 4				
Girls		Events		Boys
LUNCH BREAK				
13	NOVICE	25 FLY		14
15	DIV	1 25 FLY		16
FINALS FOR SESSION 3 EVENTS (EXCEPT NOVICE & 25 METER EVENTS)				
241	DIV	1 200 FREE RELAY		242
243		2 200 FREE RELAY		244
245		3 200 FREE RELAY		246
247	"O" Cat	1 200 FREE RELAY		248
249	DIV	4 200 FREE RELAY		250
251		5 200 FREE RELAY		252
253		6 200 FREE RELAY		254
255	"O" Cat	2 200 FREE RELAY		256
257	DIV	7 200 FREE RELAY		258
259		8 200 FREE RELAY		260