

Barracudas Bubble #2



Newsletter #2

May 13th, 2004

IMPORTANT Barracudas Dates to Remember

May 14th :
Barracudas Pub Nite
Firemens Hall- 6:30 pm

May 29th :
Barracudas Mock Meet
Central Park Pool:
8:30 am
Free Swim & Bbq to
follow (12:30 to 4pm)

May 29st:
Cudas Clothing Drive
Central Park Parking Lot
Noon to 2pm

June 22nd
Picture Day &
Splash Party-
Central Park Pool

June 26th & 27th
Burnaby A/B
Swim Meet-
Central Park Pool

July 12th
Splash Party &
RAFFLE DRAW-
Central Park Pool

July 24th:
Annual Putting
Contest Pub Nite-
Burnaby Mountain Golf
Course (TBC)

September 17th:
Annual Barracudas
Awards Banquet-
Engineers Hall

October 5th:
Annual General
Meeting and
Wine & Cheese Social-
Venue TBA

August 16 to 22
2004 Provincials
Hosted by Burnaby
Barracudas

Cudas Clothing Drive -May 29th



The Cudas' big **Annual Clothing Drive** will

soon be here! On **May 29th**, before you head off to the **Mock Meet at Central Park**, don't forget to load up your vehicle with all those bags of old clothing, footwear and linens you've been collecting for the last few weeks. And if you haven't started collecting, **it's still not too late!**

We are asking that each Club member to try and donate a **minimum of 10 plastic garbage bags** of old clothing, footwear and linens (towels, bedsheets, blankets, curtains etc...). The best part of participating in a clothing drive is that **you don't have to sell anything** and the bonus is that you get to clean out your closets at the same time! Ask your family, friends, neighbours and co-workers to do the

Clean out your closets & help out the Club at the same time. It's the Annual Barracudas Clothing Drive!

same.

Donations can be dropped off at the **Central**

Park pool parking lot from Noon to 2 pm on Saturday, May 29th. **Big Brothers** will have a truck to accept donations. The Club receives \$3 for each bag collected.

Thanks for your support in making this annual event a successful Club fundraiser.

Contact: Wendy or Chris Murao at 604-322-2960 or email: canasawa@aol.com if you need more information or have any questions.

Water Polo Schedule Change

Please note that a **revised May** schedule for **water polo** is now posted on the Barracudas website at:

www.bcssa.bc.ca/sf/bur

Mock Meet , Free Swim & Bbq at Central Park on May 29th

A **Mock Meet** is an opportunity for everyone to have a racing opportunity at the beginning of the swim season. It's a **great way for new Barracudas** and their parents to experience how a meet is run and to participate in a meet. Parents will be able observe the inner workings of a meet so they know what to expect for future swim meets.

Veteran volunteer parents will be on deck to **demonstrate and answer questions** on how a swim meet is run. (**Clerk of the course, Marshalling, Timing, Crash Desk**, etc.) This help make swim meets seem less intimidating for young swimmers in their first race and for parents new to volunteering at a meet.

Four "long course" 50's (free, back, breast and fly) will be offered as events. There will be no 100 events. Results are timed and will not be official times. Coaches and volunteers will be in the water to help the **little ones finish a race**.

The **Free Swim & Bbq** is hosted by **Robert Burnaby Pool Parents** immediately following the Mock Meet. After the Mock Meet and free swim, there will be many hungry swimmers- the Barracudas supplies delicious hot dogs, hamburgers, chips & pop at **bargain prices**. The host pool families provide salad, veggies, fruit and desserts. **Yum!**



SWIM MEETS

(Dates are subject to change)

June 5/6th-

Richmond Ice Breaker

June 5/6th-

Coquitlam A/B & Development Meet

June 18th-

Poco Development Meet

June 19/20th-

Poco A/B Meet - 'A' Finals

June 26/27th-

Burnaby A/B- 'A' Finals

July 2nd-

Port Moody Development Meet

July 3/4th

Port Moody Spike

July 17/18th-

Port Moody B/Development

July 23rd-

PoCo Speed- (TBC)

July 24/25th-

Poco 'B'- (TBC)

July 24/25th-

Coquitlam A Meet

August 7/8

'A' Regionals-
Coquitlam

August 14/15

'B' Regionals-
Port Moody

WATERPOLO MEETS

at Central Park

May 22nd-

Junior Tournament

May 23rd -

Senior Tournament

June 18th-

P3 Cadet Tournament

July 12th-

Junior Tournament

July 21st-

Senior Tournament

AUGUST 16 TO 22

2004 PROVINCIAL

CHAMPIONSHIPS

Hosted by the Burnaby Barracudas

RAFFLE TICKETS

DUE!

July 12TH

Raffle Prizes will drawn at the
Splash Party,
Central Park Pool

Volunteer Coaches Clinic 2004

Last year **Coach Ryan** conducted a **Volunteer Clinic** for **any Division 5 or higher** Barracuda athlete who wanted to volunteer with our younger Barracuda swimmers. The Clinic taught our senior swimmers how to coach and relate to younger swimmers while at the same time, provided better coaching and individual attention for our new Barracudas.

The clinic **provides training, safety procedures and practice opportunities** to ensure that Barracuda Volunteers are of the highest quality and standard. By completing this course, young coaches will have a foundation of knowledge to build on when they start learning from the senior coaches they work with. **Anyone who wishes to volunteer during any part of the season must complete this course.**

If you are interested in participating in this, please **apply in writing** to Coach Ryan. Please include your email address and your availability throughout the summer.

Dates for this clinic will be confirmed (**most will be in May**) once Coach Ryan has had a chance to discuss availability of the participants.

This Volunteer Clinic must be approached with the **same commitment and seriousness of a job, including** attendance and appropriate behaviour during the clinic and volunteer opportunities.

Anyone who has any intention of volunteering during any point in the season must complete this course which is **offered only this one time**. All participants must submit their written interest, schedules and email address by May 17th. The clinic will start shortly there after.

All participants must be registered Barracuda swimmers, Division 5 and over. There is **no additional cost** to take this course.

Make A Difference! Volunteer.

"... provides training, safety procedures & practice opportunities to ensure that Barracuda Volunteers are of the highest quality and standard."

Super Camp Host Wanted

Free Camping **Outgoing? Love the outdoors & meeting people? Have an RV, camper or trailer?**

The Barracudas are looking for a pleasant, outgoing volunteer Camp Host for our on-site camping area at Central Park during the week of the Provincials. You will greet out-of-town campers and be an on-site resource. In return, you get a choice, premier campsite & parking. If interested or for more details, contact **Colleen Day at 604-438-8888.**

Attention, All you Party Types!

If you like to throw a good party then we want to talk to you! The Club is looking for some party hardy types to help with the **Annual Burnaby Barracudas Awards Banquet**. The catering & the facilities are already

booked- we just need someone to help organize a committee to help with ticket sales, set-up and decorating.

If interested, please contact **Bonnie Burnell at 604-430-4842**. Your help is greatly appreciated!



Pool Reps Needed

Each pool requires a **parent pool representative**. The Pool Rep answers questions about swim meets or tournaments, will have copies of the latest Bubble and help co-ordinate the pool-hosted Splash Party. **The Head Pool Rep** is looking for volunteers. The job is not time consuming and it's a great way to get to know more people in the Club. If you are interested in becoming a pool rep or would like more info, please call **Judy Melton at 604-434-4254**.

Thanks to those parents who helped out last year. **Great Job!**

Fundraising

The Barracudas is the **largest & most affordable swim club** in the Simon Fraser Region. But in order to maintain the diversity of programs offered, quality coaching and the unique fun culture that a swim club offers, **fundraising has become a necessity**.

Fundraising is becoming increasingly more difficult & competitive as more and more groups vie for the same pool of shrinking government grants and gaming funds. Organizations must become **more creative** in raising funds.

Already, the Club does **50/50 draws, raffles, pub nites, clothing drives and concessions**. We are open to any other fundraising ideas. We are also looking at sponsorships, advertising at meets and in programs and newsletters.

If you own your own business or work for an organization that has extra promotional dollars, consider the Barracudas.

Contact: Wendy or Chris Murao at 604-322-2960 or email: canasawa@aol.com

Cudas Pub Nite

DATE: **Saturday, May 15th**
 TIME: **6:30 pm**
 LOCATION: **Fire Fighter's Club**
 at **6515 Bonsor St, Burnaby**
 (Across the street from Bonsor)
 PRICE: **\$12.00**

Includes **your choice** of New York Steak Dinner **OR** Grilled Chicken over Pasta Primavera

Live Entertainment. 50/50 Draw. Raffle Draw. (Any donations would be greatly appreciated!)

For Tickets contact : Wendy Murao at 604-322-2960.

Note: Ticket holders must be 19 years of age or older.

To avoid an additional \$5 cover charge, you must be admitted before 7 pm.

We're Going Outside- May 17th

This season, outdoor swimming synchronized swimming practices at **Central Park Pool start on Monday, May 17th** with Water Polo going outdoors on **May 18th**. Practising at Bonsor Pool can be a bit of a challenge and Head Coach Ryan is looking forward to having **more quality practice time and space** for all swimmers to ensure that the season gets off to a **great start**.

And a **reminder** to all swimmers, as the weather gets nicer, **don't forget to lather on the sunscreen!**

Lost & Found

Burgundy/Rust Roots Hoodie- Size Kids Large, Zip up- left behind at the Winter Splash Party at Bonsor. To claim, contact Bonnie Burnell at 604-420-4843

Jason Parish Memorial Scholarship

Application deadline for the **Jason Parish Memorial Scholarship** is **July 1st, 2004**. If you are interested in applying for the scholarship, contact **Wendy Murao**. Wendy has the application forms with information re-

garding the **general criteria**, eligibility, qualifications, the selection process, and scholarship availability. Contact Wendy at **604-322-2960** or email her at: **canasawa@aol.com**

Parents: A Friendly Reminder or Two

Parents, just a friendly reminder that the **Pool Deck is a "Parent Free Zone."** Everyone who is a **non-registered Barracuda** (eg. parents, siblings, relatives, drivers etc...) **must stay off the pool deck, outside the chain link fence at all practices at all pools**. This is for safety and insurance reasons. Consider keeping a lawn chair or blanket in your vehicle because at most of the pools, there is no seating outside the fences.

The Deadline for turning in all Raffle Tickets is Monday, July 12th Draw for raffle prizes will take place at the Splash Party. Ensure your tickets are winners, by handing in them early to **Wendy or Chris Murao**, Head Pool Rep- **Judy Melton** or your own **Pool Rep**.

During the Season, we are all likely

to have a question or two to ask one of the coaches about our child. They are happy to answer any questions, but please **ask the questions after the practice is over & the equipment is put away**.

Practice time is a very busy time for coaches and those 'quick questions' take valuable time away from the swimmers. This is especially important during meets. The coaches are extremely busy at meets as they give swimmers pre-race advice.

Please **ask your questions after the meet is over**. The coaches and kids will appreciate your cooperation!

"those 'quick questions' take valuable time away from the swimmers. This is especially important during meets."



Coaches' Corner * Coaches' Corner * Coaches' Corner

Head Coach's Report

by Ryan Skomorowski

Welcome! My name is **Ryan Skomorowski** and this will be my **5th year** as the Head Coach of the Burnaby Barracudas.

Last year was a great year! As a club, we qualified a **record amount of individual** entries for the Provincials with 134. At the Provincials, we had an increase in the number of medalists and placed **second overall** in the entire province.

I look forward this year to providing some **new activities** which will bring further challenges for swimmers in my group- to help them continue to compete amongst the **highest level of swimmers** in the province.

I will be having a **group meeting for the parents of my Senior Group on Monday May 16th after practice at 6:10 pm.** Please, everyone try to attend as we will be discussing important details of the

season and special events.

I would like to welcome back all returning Barracudas and look forward to **meeting** all the **new families.** We have, what I believe, are **the best and most knowledgeable coaches** in the province to provide high level programming for your young swimmers.

Please **introduce yourself** to me and all the other coaches, however, we respectfully request that you **wait until after the practice to talk to the coach.** We need to focus on the swimmers before and during the practice.

We will be **posting the group lists on May 10th.** At this time, you will know your schedule and coach. However, depending on progress and many other factors, this **may change** throughout the season. If you have any questions about groups, **please don't hesitate to ask** your coach, or myself after practice and we will be happy to answer any of your questions.

A reminder for all new parents and returning parents of younger swimmers- make sure you get out to as **many meets as possible.** There is a **Barracuda "Mock Meet" on May 29th** at which you can learn what swim meets are all about- to see if these fun events interest you, and also to help you get around at future meets.

At the end of the season, I always have many parents of younger or newer swimmers approach me and comment that they wished they went to more meets in order to **qualify for "B" Regionals.** To ensure that your swimmer gets **two "clean" swims** before the end of the season, start going to meets early in the season! If you have any questions about swim meets, ask your coach or one of the many knowledgeable, **veteran Barracuda Parents.**

Good luck to everyone in the upcoming season.

See everyone at the Pool!

Coach Max Jensen

After a busy year, I am more excited than ever to **get the Cuda Train rolling again.** Thanks to the great job many of the coaches have done during the off-season, everyone should be back in full form looking to build off of last season's successes. Returning now for my **fourth year** as a Cuda coach, I am more excited than ever to get going. After three years as an assistant, I have **finally gotten my own group!** I have learned a lot over the past three seasons, assisting some of the **finest coaches** the Cudas have ever produced. This will be a **great season!**

Coach Kathryn Rosburg

Hey everyone! Hope you're all as excited for the summer as I am!! Most of you know me as I've swam with the Barracudas for a long time. I've just finished my first year university at SFU where I swam on the Varsity Swim Team and I'm really excited to **pass on some of the things I've learned.** If you don't know me, I encourage you to come up and **say HI!!** Hope you all swim fast and have an **awesome season!!**

Coach Derek Bjornson

Hey everyone, for those of you who don't know me, my name is **Derek Bjornson** and I'll be the assistant coach for the **Senior Group at Robert Burnaby Pool** this summer. This will be my 13th summer with the

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Contributions and comments to the Barracudas Bubble Newsletter are welcome and greatly appreciated.
Contact: Sandra Lee at 604-438-8921 or e-mail: sandra_lee@shaw.ca

*"... to help them compete amongst the highest levels of swimmers in the Province."
-Head Coach Ryan*

2004 Barracudas Coaches

Robert Burnaby Pool:

| | |
|------------------|-------------|
| Ryan Skomorowski | Head Coach |
| Max Jensen | Asst. Coach |
| Kathryn Rosburg | Asst. Coach |
| Derek Bjornson | Asst. Coach |
| Travis Wong | Asst. Coach |

McPherson Pool:

| | |
|------------------|-------------|
| Matt Skomorowski | Head Coach |
| Susi Brodeur | Asst. Coach |
| Ross Izumi | Asst. Coach |
| Bryce Gillman | Asst. Coach |

Kensington Pool:

| | |
|-------------|-------------|
| Dave Remple | Head Coach |
| Arthur Wang | Asst. Coach |

Waterpolo:

| | |
|---------------|-------------|
| Luke Nelson | Head Coach |
| Hollis Nelson | Asst. Coach |
| Brandon Jung | Asst. Coach |
| Amanda Loader | Asst. Coach |

Synchronized Swimming:

| | |
|----------------|-------|
| Megan Bittner | Coach |
| Stephanie Ryan | Coach |



Coaches' Corner * Coaches' Corner * Coaches' Corner

(Continued from page 4)

club, but my **first as a coach.**

Previously, I have been a swimmer with the club, where I enjoyed great success, winning numerous provincial medals, and being a member of record-setting relays. I have also had experience competing at a national level.

I look forward to coaching many of the swimmers who I have trained with in the past, and sharing my **wealth of knowledge and experience** with the group.

Welcome to all new members, and best of luck to everyone in the upcoming season. **Train hard and achieve those goals!**

Coach Matt Skomorowski

Hello Barracudas! This is my **5th year** coaching with the Barracudas and I will have the **Junior group** as well as a **Junior Prep group.** I am looking forward to continuing to develop the Barracuda's young core.

I've got some **big plans and high hopes** this year, so I can't wait to get started! It's very important that swimmers attend as many practices as possible as we will be progressing quickly throughout the summer. Swim meets are an excellent opportunity to gauge this progress as well as a fun time with your friends. **I'll see you on the pool deck!**

Coach Susie Brodeur

Hello Barracudas!!! I just wanted to **welcome everyone back** to the pool for this season! I personally have had a great year in the pool, as our SFU swim team won its NAIA National title. So my motivation to get everyone swimming fast and having fun is at its best!

I've been lucky to work with some great coaches over the last year, and hope to be able to put some of their shared expertise and knowledge to use this summer.

The coaching staff has been planning great things for this season, and I honestly believe that this summer is shaping up to **be the best yet!**

Can't wait to get things started! **See you all on deck!**

Coach Ross Izumi

This year is going to be a great season. I will be coaching **Junior Prep** at McPherson this summer. I can't wait to get started! **Go Cudas Go!**

Coach Bryce Gillman

Hello everyone! My name is **Bryce** and this will be my **first year** coaching with the Barracudas. I am currently finishing my 1st year of studies at SFU. I am working towards a degree in Kinesiology & plan on pursuing a career in sports Sports Medicine.

I have swum competitively since the age of 5 in the BC Summer Swimming Association. During those years as a member of the Poco Marlins. I have had a successful record winning numerous provincial gold medals individually and also as part of provincial record-setting relays. I have also swum one year with SFA (Simon Fraser Aquatics) where I competed at Junior Nationals placing 8th in the 50-meter butterfly. Recently I completed my first swim season as a member of the SFU varsity team specializing in the 200 & 100 meter butterfly. Our season was a success highlighted by an NAIA national championship win.

I will be coaching at **McPherson Pool** where I am looking forward to helping swimmers

achieve success and have FUN!

Coach Travis Wong

Hey everyone- Welcome back, and for those who don't know me, my name is **Travis Wong.** I will be the Assistant Coach for the Junior A's at Robert Burnaby Pool. This is my **2nd year** coaching for the club, but is my **12th year** swimming and playing water polo as a Barracuda. **Work hard, swim fast and good luck to all.**

Coach Dave Remple

Hello to all Cudas gearing up for the 2004 summer season. My name is **Dave** & I'll be returning to Kensington as the Senior coach. This will be my **14th season** as a Cuda & my **5th** as a Cuda Coach. I thoroughly enjoyed working with the same group last summer and am eager to kick off a new season.

Last summer, the Kensington Senior swimmers exceeded many expectations. On top of enjoying successful A & B Regional meets, we qualified several athletes for the provincial championships. The large number of returning swimmers, complimented by a strong group of new athletes, should provide for **an excellent training environment.**

With more hard work and dedication this season, I have no doubt we will be able to keep improving and make this our **best season** to date.

To all the Kensington seniors, get ready for an exciting, successful and, most importantly, fun season. **Good luck to every Barracuda** and I look forward to seeing you at the pool.

(Continued on page 6)

**Get Wet.
Make
Waves.
Swim!**

"With more hard work & dedication, I have no doubt we will be able to keep improving & make this our best season"

-Coach Dave



Coaches' Corner * Coaches' Corner * Coaches' Corner

(Continued from page 5)

Coach Arthur Wang

Hi! My name is **Arthur** and I'll be the Junior Prep coach and assistant to the Senior group at Kensington Pool. I'm 20 years old and like the majority of coaches on the Barracuda staff, I attend Simon Fraser University.

I have been swimming since I was 4 and coaching since I was 14 years old. I've been swimming with the Barracudas since I was 7.

This will be my **4th year** coaching the Cudas and I can hardly wait until we go outdoors. I hope to meet new swimmers and welcome back old swimmers as **we start a new fun-filled swim season.**

Coach Luke Nelson

Hey Barracudas! It's **Luke** here, your **Water polo coach**, to welcome all you athletes to what should be a **great summer** and a **great water polo season!**

This will be my **first summer** running the Barracuda program, but I have been coaching for a few years now, and have been playing water polo since I was 9

years old. In fact, I started out playing for Burnaby, and I played water polo with the Cudas for 4 summers. I moved on to play with Pacific Storm for a number of years, and I also spent some time playing on the Youth National Team.

I look forward to seeing all of you on the pool deck, and if there are any swimmers out there who have never played water polo but would like to give it a try, please **feel free** to come out to practice....**It'll be a blast!!**

Coach Hollis Nelson

Hey everyone out there! My name is **Hollis Nelson** and this year I will be returning as the **assistant water polo coach!**

I have been a part of the Burnaby Barracudas for around 9 years now, and I have been playing water polo for about 7 of those years. Luke and I are both looking forward to the season and can't wait to see some of those old faces.

We also greatly encourage anyone interested in water polo to **come out and try it for a practice!** We always love to see new faces on

deck! **See everyone on deck!**

Coach Megan Bittner

Hello everyone! This is my first year as a Barracudas Synchro Coach. I have been involved in Winter Synchro for 8 years, as a swimmer and as a coach, so I'm very excited to be coaching for the first time over the summer as well. I look forward to a lot of fun, and a **successful Provincial Meet.**

Coach Stephanie Ryan

Hi, everyone! My name is Stephanie, and I am a Synchro coach for the Barracudas this summer. I am in grade 12, and will be graduating in June (**yay!**).

I love to swim, and I swam Synchro for 3 years with the Surrey Aquatic Club. During this time, I competed at both the Western Canadian and National championships with my team members.

I am looking forward to **an awesome summer season**, not only with the Synchro team but **with the entire Club!!**

**Get Wet.
Make Waves.
Swim!**



CUDAS

Check out our website at:
www.bcssa.bc.ca/sfu/bur

Check the Website for past issues of the Bubble

Cudas Towel Power

Don't be a drip- dry off with a **CUDAS towel.** These towels are a great Burnaby Barracudas Club identifier for upcoming swim meets and water polo tournaments.

Super thick and luxurious, these navy blue 36 X 72 inch Cambridge towels are ultra absorbent and have **CUDAS** screen printed across the middle. **Just \$22 each.**

SPECIAL OFFER!

With the purchase of a CUDAS towel, you get a free Barracuda Provincial 2003 shirt (value \$10) While quantities last.

Looking for 2004 Provincials Sponsors

Hosting the **2004 Provincials** will provide great exposure for the Barracudas and **much-needed fundraising.**

The Barracudas are seeking companies to donate either services, product or funds in ex-

change for advertising on-site, in programs plus recognition on the Barracudas website.

If you know of a company that can help us out, please contact **Wendy Murao (604-322-2960)** or **Bonnie Burnell (604-430-4842)**

Burnaby Barracudas Refund Policy

The Burnaby Barracudas Swim Club feels that every new Swimmer should have an opportunity to try the swim club. Registered new swimmers can try the club for a **2 week period** and should they find that the Barracudas does not suit them, they can request a refund.

The refund will **not include the \$30 insurance fee or reimbursement for fundraising.**

A new swimmer who starts May 1st has 2 weeks to request a refund. If a new swimmer registers after May 1st, they will have **2 weeks from date of registration** to request a refund.

