

NWRSC Schedule for May 3rd to May 7th

| DIVISION | AGE LOCATOR | Practice Time | |
|------------------------------|--|-----------------|-----------------|
| | | Mon, Wed, Fri | Tue, Thu |
| 1 (8 & Under) | May-Dec 2001 Jan-Dec 2002 Jan-Dec 2003 & later | 3:30pm -4:15pm | 4:15pm - 5:00pm |
| 2 (9 – 10 1/2yrs) | Nov-Dec 1999 Jan-Dec 2000 Jan-Apr 2001 | 4:00pm - 5:00pm | 3:30pm - 4:30pm |
| 3 (10 1/2 - 12yrs) | May-Dec 1998 Jan-Oct 1999 | 4:00pm - 5:00pm | 3:30pm - 4:30pm |
| 4 (12 - 13 1/2yrs) | Nov-Dec 1996 Jan-Dec 1997 Jan-Apr 1998 | 4:45pm - 6:00pm | 4:45pm - 6:00pm |
| 5 (13 1/2 - 15yrs) | May-Dec 1995 Jan-Oct 1996 | 5:45pm - 7:00pm | 5:45pm - 7:00pm |
| 6 (15 & 16yrs) | May-Dec 1993 Jan-Dec 1994 Jan-Apr 1995 | 6:45pm - 8:00pm | 6:45pm - 8:00pm |

**** REMINDERS ****

- Bring all necessary swim attire (swim suit, GOGGLES, towel, etc...)
- This schedule is for the first week of practice only
- The schedule for the rest of May and June will come out after the first week.

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